

Some Roman Catholic Doctrines and the Dates of Their Adoption Spans A Period of 1650 Years

	Year (A.D.)
1. Prayers for the dead, began about	300
2. Making the sign of the cross	300
3. Wax candles about.....	320
4. Veneration of angels and dead saints and use of images	375
5. The Mass, as a daily celebration	394
6. Beginning of the exaltation of Mary, the term "Mother of God" first applied to her by the Council of Ephesus	431
7. Priests began to dress differently from laymen	500
8. Extreme Unction (last sacrament)	526
9. The doctrine of Purgatory, established by Gregory I.....	593
10. Latin language, used in prayer and worship imposed by Gregory I	600
11. Prayers directed to Mary, dead saints and angels.....	600
12. Title of pope , or universal bishop, given to Boniface III by Emperor Phocas	610
13. Kissing the pope's feet began with pope Constantine	709
14. Temporal power of the popes, conferred by Pepin, King of France	750
15. Worship of the cross, images, and relics authorized.....	786
16. Holy water mixed with a pinch of salt and blessed by a priest	850
17. Worship of St. Joseph	890
18. College of Cardinals established	927
19. Baptism of bells, instituted by pope John XIV	965
20. Canonization of dead saints, first by pope John XV.....	995
21. Fasting on Fridays and during Lent.....	998
22. The Mass, developed gradually as a sacrifice, attendance made obligatory in the 11th century	
23. Celibacy of the priesthood (priests cannot marry) decreed by pope Gregory VII (Hildebrand)	1079
24. The Rosary, mechanical praying with beads, invented by Peter the Hermit	1090
25. The Inquisition, instituted by the Council of Verona.....	1184
26. Sale of Indulgences	1190
27. Transubstantiation (Doctrine that the bread and wine become real body and blood of Christ during Mass) proclaimed by pope Innocent III	1215
28. Auricular Confession of sins to a priest instead of to God, instituted by pope Innocent III, in Lateran Council	1215
29. Adoration of the wafer (Host), decreed by pope Honorius III.....	1220
30. Bible forbidden to laymen, placed in the Index of Forbidden Books by the Council of Valencia.....	1229

31. The Scapular, invented by Simon Stock, an English monk	1287
32. Cup forbidden to the people at communion by Council of Constance (only priest takes wine at communion)	1414
33. Purgatory proclaimed as a dogma by the Council of Florence.....	1438
34. The doctrine of Seven Sacraments affirmed	1439
35. The Ave Maria (part of the last half was completed 50 years later and approved by pope Sixtus V at the end of the 16th century)	1508
36. Jesuit order (Society of Jesus) founded by Ignatius Loyola	1534
37. Tradition declared or equal authority with the Bible by the Council of Trent	1545
39. Creed of pope Pius IV imposed as the official creed	1560
40. Immaculate Conception of the Virgin Mary, proclaimed by pope Pius IX.....	1854
41. Syllabus of Errors, proclaimed by pope Pius IX, and ratified by the Vatican Council; condemned freedom of religion, conscience, speech, press, and scientific discoveries which are not in accord with the Roman Church; asserted the pope's temporal authority over all civil rulers	1864
42. Infallibility of the pope in matters of faith and morals	1870
43. Public schools condemned by pope Pius XI.....	1930
44. Assumption of the Virgin Mary (bodily ascension into heaven shortly after her death), proclaimed by pope Pius XII.....	1950